

Wed, May 16

Check Weight Scale	Willow 3	All Day
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Thursday May 17 - NGB & Registration

Check Weight Scale	Willow 3	All Day
NGB Meeting	Skyline Ballroom (Use Conference Registration Elevator)	9am-5pm
Delegates Lunch	RL Restaurant Patio (Location weather pending)	12:30pm
Master's Committee Meeting	Skyline Ballroom	7pm
Athlete, Coach and Referee Registration	Registration Office	12-7pm
Early Equipment Check	Conference Registration Lobby	6-8pm

Friday May 18 - Lifting for Women 47, 52, 57, 63 and 72kg

Check Weight Scale	Willow 3	All Day
Athlete, Coach and Referee Registration	Registration Office	11am-6pm
Equipment Check	Conference Registration Lobby	11:30am-1:30pm
Weigh-ins (Women 47, 52, 57, 63 and 72kg)	Ballroom D	12-1:30pm
Athlete Warm-up	Ballroom C	Open 12pm
Lifting (Women 47, 52, 57, 63 and 72kg)	Ballroom A, B	2pm
Awards Ceremony (following lifting)	Ballroom A, B	6:30pm (aprox)

Saturday May 19 AM - Lifting for Women 84 and 84+kg

Check Weight Scale	Willow 3	All Day
Athlete, Coach and Referee Registration	Registration Office	6am-6pm
Equipment Check	Conference Registration Lobby	6:30-8:30am
Weigh-ins (Women 84 and 84+kg)	Ballroom D	7-8:30am
Athlete Warm-up	Ballroom C	8:00am
Lifting (Women 84 and 84+kg)	Ballroom A, B	9:00am
Awards Ceremony (following lifting)	Ballroom A, B	1:30pm (aprox)
2018 WOMEN'S HALL OF FAME INDUCTION	Ballroom A, B	Following Women's Awards

Saturday May 19 PM - Lifting for Men 53, 59, 66, 74 and 83kg

Equipment Check	Conference Registration Lobby	11:30am-1:30pm
Weigh-ins (Men 53, 59, 66, 74 and 83kg)	Ballroom D	12-1:30pm
Athlete Warm-up	Ballroom C	Begins 12:30p
Lifting (Men 53, 59, 66, 74 and 83kg)	Ballroom A, B	2:00pm
Awards Ceremony (following lifting)	Ballroom A, B	6:30pm (aprox)
Women's Committee Meeting	Meet at Hotel Lobby/Restaurant	Following awards

Sunday May 20 AM - Lifting for Men 93 and 105kg

Check Weight Scale	Willow 3	All Day
Athlete, Coach and Referee Registration	Registration Office	6am-6pm
Equipment Check	Conference Registration Lobby	6:30-8:30am
Weigh-ins (Men 93 and 105kg)	Ballroom D	7-8:30am
Athlete Warm-up	Ballroom C	Opens 8am
Lifting (Men 93 and 105kg)	Ballroom A, B	9:00am
Awards Ceremony (following lifting)	Ballroom A, B	1:30pm (aprox)

Sunday May 20 PM - Lifting for Men 120 and 120+kg

Equipment Check	Conference Registration Lobby	11:30am-1:30pm
Weigh-ins (Men 120 and 120+kg)	Ballroom D	12-1:30pm
Athlete Warm-up	Ballroom C	Begins 12:30p
Lifting (Men 120, 120+kg)	Ballroom A, B	2:00pm
Awards Ceremony (following lifting)	Ballroom A, B	6:30pm (aprox)

**DAILY SHUTTLE TO LOCAL GROCERY STORE AVAILABLE - CHECK WITH THE FRONT DESK FOR TIME
PLEASE SCHEDULE YOUR SHUTTLE DEPARTURE WITH THE FRONT DESK SO THEY CAN PLAN ACCORDINGLY**